What can you do with your degree in nutrition?
(without the Registered Dietitian (RD) credential)

If you are interested in food and nutrition research, you could become a:

1) Dietetic technician (take the technician exam, become a dietetic tech)
2) Research Assistant or associate in an academic institution
3) Research Assistant for a Clinical Research Organization
4) Research nutritionist at a research center
5) Clinical data associate
6) Lab technician or research assistant in a food, supplement or pharmaceutical company
7) Flavor development specialist
8) Graduate student in Nutritional Sciences or related program

If you are interested in nutrition education, there are a variety of settings in which you could provide information to groups or individuals, including:

1) Programs implemented by fitness facilities, health clubs, senior centers, group homes
2) Weight loss company (e.g. Jenny Craig or weight watchers)
3) School nutrition programs
4) WIC programs (various levels – county or program director level)
5) Nutrition program offered by Extension (e.g. SNAP-Ed, EFNEP, CNEP). For Ohio, [http://extension.osu.edu/locate-an-office](http://extension.osu.edu/locate-an-office) (especially the Family and Consumer Sciences division)
6) Worksite wellness programs

*However, without the RD credential, you cannot assess patient nutrition risk or provide individualized nutrition care.*

If you are interested in public health and policy, you might consider working as a:

1) Program administrator for a non-profit organization (e.g. CSPI? Consumer for Science in the Public Interest [http://www.cspinet.org/nah/index.htm](http://www.cspinet.org/nah/index.htm))
2) Public health specialist for the health department
3) Quality assurance/ food safety or health inspector
If you are interested in working for a company or media/marketing entity, you may consider:

1) Cooking or health/wellness book, magazine, health newsletter (food editor, food critic, provider of nutrition tips or recipes, etc)
2) Internet-based health and nutrition related company
3) Hospitality business (e.g. hotel/resort, catering, food and beverage manager)
4) Food service (e.g. consultant for a restaurant, corporation, hospital, university, or public school system)
5) Company to develop food and nutrition related products/equipment (e.g. for hospitals, nursing homes)
6) Marketing division of a food company
7) Sales department (e.g. for a food, pharmaceutical, or medical device company)

Other agencies and organizations that offer a mixture of opportunities include:

1) Department of Health and Human Services (DHHS)
   a. National Institutes of Health (NIH)
   b. Food and Drug Administration (FDA)
2) Various arms of the United States Department of Agriculture (USDA)
   b. National Agricultural Library
      i. Food and Nutrition Information Center [http://fnic.nal.usda.gov/]
   c. Agricultural Research Service (e.g. as nutritionist) – Beltsville Human Nutrition Res. Ctr., Food Surveys Res. Group
3) International organizations related to health/food/nutrition
   a. Save the Children (e.g. “health and nutrition” sector)
   b. Peace Corps
   c. Pan American Health Organization (PAHO)
   d. United Nations
      i. Food and Agriculture Organization of the United Nations (FAO)
      ii. World Food Program
   e. United Nations Children’s Emergency Fund (UNICEF)
   f. World Food Agency (WFA)
   g. World Health Organization (WHO)

The careers included on this handout are examples of opportunities and may give you some ideas about places to look for jobs. Depending on your interests, the possibilities seem endless!

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